School of Nursing

1955-1956

St. Luke's Hospital

CHICAGO

How To Use This Bulletin

Consult the Table of Contents for the general information you wish, and turn to specific page references. If you do not find the answers to particular problems or questions, write to the **Director, School of Nursing, St. Luke's Hospital, Chicago 5, Illinois.**

Questions Frequently Asked

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Bulletin of Information

1955-1956



St. Luke's Hospital School of Nursing

1439 South Michigan Avenue, Chicago 5, Illinois

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COX, DR. HENRY	1953
COX, WILLIAM D.	1947
EVANS, DAVID	1929
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GLORE, ROBERT HIXON	1954
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PIRIE, JOHN T., JR.	1948
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Historical Background

When Dr. Clinton Locke, Rector of Grace Episcopal Church, founded St. Luke's Hospital in February, 1864, he modestly commented, "We found a small wooden house on State Street, near Eldridge Court, where by crowding we could put up seven beds. It was a pleasant little place with grass and flowers and one or two poplar trees." In less than a century, Dr. Locke's "small wooden house" has become an institution accommodating 522 patients and 56 newborn babies and outpatients in need of Speech and Hearing Rehabilitation Service. The present location of St. Luke's Hospital on Indiana Avenue, some three blocks from the original State Street site, was procured in 1871. By 1891, a well-designed hospital accommodating 152 patients had been erected, equipped, and staffed under Dr. Locke's leadership.

The need for a pavilion to provide for private patients soon became apparent; and in 1908, the George Smith Memorial Building was erected on Michigan Avenue to accommodate some 110 patients. In 1925, a twenty-one story building, partially replacing the original structure, was constructed on Indiana Avenue. In 1949 the Sterling Morton Clinic was opened to the public and last year processed some 57,369 cases. The newest department, Speech and Hearing Rehabilitation Service, was established in November, 1950. This department maintains services for the evaluation of the functioning of the speech and hearing mechanism and recommends and provides the necessary correction and training to rehabilitate those with speech and hearing difficulties. The Medical Staff of St. Luke's Hospital includes 161 physicians, many of whom are nationally distinguished in their respective fields. A number of the medical staff are members of the faculties of the University of Chicago, the University of Illinois, Loyola University and Northwestern University.

In 1885, twenty one years after the founding of St. Luke's Hospital, the St. Luke's Hospital Training School for Nurses was established. Its first class, graduating in 1887,

numbered six young women. In 1893, the year of the Chicago World's Fair, a group of eighteen superintendents of nurses representing prominent hospitals in both the United States and England met with Miss Katherine Lett, Superintendent of Nurses at St. Luke's, to form the Society of American Superintendents of Training Schools for Nurses. This professional organization became the National League of Nursing Education in 1912, and since 1952 has been known as the National League for Nursing. The alumnae of St. Luke's organized as an association in 1895. A year later, the "blue cross" to be worn on the left sleeve of the uniform was adopted as an official insignia. The name of the school was changed to St. Luke's Hospital School of Nursing on January 6th, 1941.

The construction of the Elizabeth Hammond Stickney Memorial Building was financed by the bequest of Mrs. Edward S. Stickney and opened in 1898. This Memorial, "dedicated to the education of young women in the art of nursing," provided both classroom and residence facilities for students and faculty members. The Schweppe Memorial Hall, currently providing both classroom and residence facilities for 319 students and some members of the faculty, was dedicated in 1943.

Students enrolled at St. Luke's today — preparing for a variety of careers in hospitals, schools of nursing, nursing administration, community health planning, school nursing, public health, the Armed Services, and service abroad — learn and practice their chosen profession in an atmosphere conducive to their personal and professional growth as mature and self-reliant individuals. By constantly evaluating the program and incorporating the most effective educational philosophy and practice in its basic curriculum and clinical teaching, the faculty of St. Luke's Hospital School of Nursing strives to maintain high standards and professional prestige. Graduates of St. Luke's — having been made aware of the social and cultural patterns of our contemporary world — will be prepared and eager to serve the health needs of their nation that must be strong, sound, and humanitarian in fulfilling its international commitments and destiny.

Philosophy

Nursing is a self-directed, independent profession which assumes responsibility for the care and rehabilitation of the sick, prevention of illness, and promotion of health carried on cooperatively with other health services.

This school of nursing should prepare the individual for first-level nursing positions, for professional participation, for individual growth and for community responsibilities.

Objectives

In order to educate the student in accordance with the school philosophy, the curriculum shall:

1. Provide experiences to encourage the development of knowledge, skills, and attitudes inherent in professional nursing.

2. Stimulate, in an atmosphere of self-direction, the development of intellectual curiosity and professional and personal growth.

3. Create, through democratic practices, an atmosphere conducive to the continuous growth and development of the student as an individual.

4. Develop an understanding of and interest in the responsibilities of citizenship.

Educational Program and Facilities

Students at the St. Luke's Hospital School of Nursing begin their three year program, leading to a diploma, in September of each year. A student devotes the first two and one half quarters of her freshman year to class and laboratory work in the biological, physical and social sciences, the principles of nursing care, communication, and the history and philosophy of the nursing profession. During this period, the time scheduled for patient-care assignment varies from four to sixteen hours per week.

Instruction and supervision by the School of Nursing faculty, the hospital's medical staff, and special lecturers is offered in the following nursing fields: medical, surgical, operating room, obstetric, pediatric, psychiatric, and outpatient. St. Luke's Hospital with a bed capacity of 522 plus 56 bassinets, and a daily average census of 467 patients, affords an exceptionally wide scope for student experience in patient care. Public Health Nursing experience is secured by an affiliation with the Visiting Nurse Association of Chicago. Contagious Disease Nursing experience is secured by an affiliation with the Municipal Contagious Disease Hospital, which has a bed capacity of 310 and an average daily census of 63 patients.

Achievement and Evaluation

The faculty evaluates the quality of a student's academic work and nursing performance, as:

Honor
Pass
Failure

"Honor" indicates a superior comprehension of content and theory and the ability to efficiently and intelligently apply these principles in the practice of nursing care.

The faculty of the school reserves the right to terminate the attendance of any student whose scholarship, health, conduct or nursing practice make it inadvisable for her to remain in the school.

Vacation, Illness Allowance and Absence

The program provides a total of 12 weeks vacation during the three years, 4 weeks per year. (14 days in the third year are granted to students completing their professional program in two and one-half years.)

A student is allowed seven days of ill-time each year, or a total of 21 days during the three year period. Time lost due to illness exceeding the number of allowed days will be made up by the student at the end of the course. Students are not permitted an extension of vacation time or absence from the school for personal reasons, except in cases of extreme emergency. Should absence occur, the time will also be made up at the end of the course.

Student Health Program

The health program is conducted under the direction of the chairman of the Nurses' Health Committee of the Medical Staff and the Nurses' Health Supervisor. The students are taught principles of personal hygiene and their practical application in the promotion of health. Upon admission, each student is given a thorough physical examination including an x-ray of the chest, orthopedic and dental examination as well as laboratory tests.

An infirmary is maintained for the care of students during illness. The hospital will provide hospitalization not to exceed three months during the entire three year course. No responsibility will be assumed, however, for medical care for illness due to conditions which existed prior to the student's entrance into the school.

Each student will have an annual physical examination which will include chest x-ray and laboratory tests. Students are requested to have an annual dental examination by the family dentist with the necessary treatment completed and a report sent to the Health Supervisor.

Guidance Program

The Administrative officers and members of the Teaching staff believe that each student must be given the opportunity to realize not only her professional aptitudes but her potentialities as a mature and responsible adult. To effect this individual growth, a guidance program has been instituted.

Policies and plans for this personnel aspect of the educational program are formulated and devised by a Counselling Committee composed of both student and faculty members. In the areas of psychology, health, sociology, and communication, professional consultants assist both the committee and individual counsellors. Faculty members and upperclassmen serve as advisers and sponsors, respectively, to the entering class. Juniors and seniors also have faculty advisers with whom they may confer about academic, professional, vocational or more personal matters.

The orientation program for new students provides an opportunity for the freshman to become acquainted with her student and faculty sponsors who familiarize her with the academic, professional, and social facets of this hospital community. Cultural opportunities afforded by the city of Chicago also are recognized in the carefully planned orientation period of activity.

Religious Program

Students of all faiths and denominations enroll at St. Luke's Hospital School of Nursing. The rector of Grace Episcopal Church, adjoining the Main Building on Indiana Avenue, serves as chaplain for the school and hospital, originally founded by the Episcopal Church.

First year students attend a series of lectures given by the rector to orient them in the basic tenets of religious philosophy and ritual. Vesper Services are conducted each Wednesday evening for all students.

In recognition of the significant stages of a student's progress and achievement, traditional services have been established. A "Uniform Service" — to honor freshmen as they wear their professional uniforms for the first time. Members of the freshman and junior classes, respectively, participate in a "Promotion Service" upon the completion of the year's study and work. A traditional "Going-Out" service honors the members of a graduating class. At Commencement time, the Baccalaureate is conducted at the Grace Episcopal Church and the Graduation Service at St. James' Church.

Student Activities

Student Association

Every student at the St. Luke's Hospital School of Nursing belongs to the Student Association established in 1940. Originally known as the Co-Operative Government Association and renamed the Student Association in 1954, this organization is administered by an executive board of Student Council members representing each class. In addition to the opportunity for self government, St. Luke's students also serve on faculty committees where they contribute the student point of view and absorb faculty opinion. Such an interchange of ideas enriches the program and gives the student group a better understanding of policies and plans.

The Student Association serves the following purposes stated in its Constitution:

A. To encourage individual responsibility and cooperation in maintaining the high ideals of this association.

B. To maintain high educational, professional, cultural and spiritual standards through activities with fellow students, faculty and administration.

C. To stimulate an individual interest, understanding of and participation in the district, state, and national student associations.

D. To promote a spirit of citizenship, leadership, and fellowship through participation in school and community activities.

Social Program

The Student Association sponsors and organizes a program of social, recreational, and cultural activities. Among these activities are the all-school and class parties, dances, and a formal prom. The publication of a year-book and a quarterly magazine is managed by student editors. An annual Variety Show, written and produced by the students, is staged for the benefit of the Student Association. There also may be some dramatic activity, directed by a professionally experienced member of the faculty, if there is sufficient student-interest and available time. The opportunity to sing in a school chorus or the choir is extended to freshmen and all other students whose scheduled-time permits.

In the city of Chicago, the Theatre-Guild, Art Institute, and various Musical Organizations enrich the students' cultural experience. Facilities for swimming and other forms of athletic recreation are available at municipal and youth centers. The Assistant Director of Residence coordinates the social program.

General Information

Accreditation

The School of Nursing is accredited by the Department of Education and Registration of the State of Illinois, and by the National Nursing Accrediting Service. Graduates qualify for licensure in Illinois by taking examinations administered by the State Department of Registration and Education. In other States, registration may be secured by endorsement.

St. Luke's Hospital is approved by the American Hospital Association, the American Medical Association, and the American College of Surgeons. It is accredited by the American Board of Anesthesiology and the American Society of Clinical Pathology for a School of Medical Technology.

Application Procedure

Applicants who must be graduates of an accredited secondary school and between the **ages of 17 and 35** are urged to apply well in advance of the annual opening date in September. All inquiries should be addressed to:

Director, School of Nursing
St. Luke's Hospital
Chicago 5, Illinois

Admission

Academic Preparation

A candidate must have earned 16 units of secondary school credit. This course of study should include:

English—4 units

Science—2 units
Chemistry **required**
Physics recommended

Mathematics—2 units
Algebra **required**
Plane Geometry recommended

History and Social Science—2 to 4 units

One foreign language—2 units

Electives—

To be selected from the science area whenever feasible.

N. B. 1. Students should take the college preparatory course in secondary school to comply with college entrance requirements if they wish to pursue advanced studies after completing the nursing course.

2. Class rank is an important factor in considering applicants. Participation in extra-curricular activities also is important in preparing the student for her nursing career.

Preliminary Testing

The applicant must take the "Pre-Nursing and Guidance Test" as administered by the National League for Nursing. The application card, which will be supplied by the admissions' office, is to be filled out and forwarded by the applicant to the office of the National League. She then will be advised of the date, time, and place for taking the test.

Health Requirements

To enter the profession of Nursing, a young woman must be in sound physical and emotional health. Before an applicant's record can be considered, she must submit the results of her physical examination entered on forms furnished by the School of Nursing. Before she reports in September, an accepted applicant will receive instructions concerning her required vaccination and immunization.

Personal Interview

Whenever possible, a member of the faculty conducts a personal interview with the applicant. These interviews are arranged by appointment.

Qualifying Letter of Approval

The Illinois State Department of Registration and Education requires all students to procure a Qualifying Letter of Approval. The accepted applicant will be supplied with official request forms to be given to secondary school authorities who in turn forward the request and an official transcript to the State Department. The department then mails the Qualifying Letter directly to the student, who submits it to the School of Nursing for filing in her dossier.

Estimated Expenses*

	First and Second Quarter	*Third and Fourth Quarter*	*Fifth through Eighth Quarter*	*Ninth through Twelfth Quarter*
Tuition	$200.00	$100.00	$ 50.00	$ 50.00
Health Fee	15.00	10.00	20.00	20.00
Activity Fee	5.00	5.00	10.00	10.00
Library Fee	10.00		10.00	10.00
Books	80.00	20.00	20.00	
Affiliation				(25.00)**
Graduation Fee				15.00
Achievement Tests	2.00		2.00	2.00
	$312.00	$135.00	$112.00	$107.00

Total for three years $666.00

*There is no charge for uniforms, room and board.

**Tuition for Visiting Nurse Affiliation.

N. B. 1. The school reserves the right to change fees as conditions indicate.

2. Laboratory coats and name tapes at the approximate cost of $11.00, will be purchased by the student from the Bruck Uniform Company, 17 N. State Street, Chicago, Ill.

Uniform

Early in the first term, the student receives the uniform and cap of the school. This policy was instituted in September, 1954.

Scholarships

A limited number of scholarships is available.

After the applicant has been accepted, the letter requesting aid should be addressed to the Director, School of Nursing. Forms for scholarship application will be provided by the school.

Scholarships are granted on the basis of the student's needs and abilities.

Scholarships are provided by:

Nursing Council of St. Luke's Hospital School of Nursing
Chicago Community Trust
George M. Pullman Foundation
Chicago Council on Community Nursing

American orphans of the last war are eligible to apply for a scholarship to War Orphans' Scholarships, Inc., Park Sheraton Hotel, Suite 565, Seventh Avenue and 55th Street, New York 19, New York.

Inquiry should be made to local units of national organizations, civilian organizations, and service clubs, which may provide nursing scholarships for local students.

A limited number of scholarships is available for graduates of the school who wish to continue their education.

Awards

In accordance with terms of the particular gifts, there are nine awards offered to students upon graduation from the school. They are the following:

The Charles H. Schweppe Memorial Award is offered for the most outstanding student in psychiatric nursing.

The A. Watson Armour Award is given to one of the most outstanding nurses in Medical and Surgical Nursing.

The Medical Staff Award is given to one of the two most outstanding nurses in Medical and Surgical Nursing.

The Mrs. Charles H. Morse Honor Award is offered annually to a student who ranks as the most outstanding in theory and practice.

The Martha Hughitt McCullough Memorial Award is given annually to a student who demonstrates excellence in bedside nursing.

The Alumnae Association Award in memory of Harriet Fulmer is awarded annually to the student with the highest scholastic standing.

The Mrs. John W. Gary Award from the Woman's Board is given to the most outstanding nurse in obstetric nursing.

The Woman's Board of St. Luke's Hospital Award is offered each year to a student showing outstanding ability as an operating room nurse.

The Woman's Board of St. Luke's Hospital Award is given annually to the most outstanding nurse in pediatric nursing.

Residence

Students live in Schweppe House at 1500 South Indiana Avenue, the school of nursing residence accessible by subway to the entire hospital plant. Full maintenance, including board, room, and laundry service, is provided.

Library

The school of nursing library, located on the first floor of Schweppe House and administered by a full-time librarian, is stocked with both professional and general books and periodicals. The facilities of the Medical Library also are available to students.

Curriculum and Plan of Instruction

The faculty at St. Luke's Hospital School of Nursing have planned and offer a curriculum which, in pattern and content, expresses and fulfills its philosophy and objectives. Upon graduation from this program, a student is prepared to give comprehensive nursing care. Her understanding of the patient as a person affected by his family relationships and his place in the community enhances her effectiveness as a nurse and her professional and individual contribution to the community. Classes and practice time do not exceed forty hours in any one week.

Pattern Of Curriculum

Course	*Year Given*	*Lect. Hours*	*Lab. Hours*	*Total Hours*	*Planned Ward Teaching Hours*	*Weeks of Clinical Experience*
SCIENCE						
The Human Body	1	111	70	181		
Microbiology	1	42	20	62		
Organic Chemistry	1	8	4	12		
Nutrition	1	26	8	34		
HUMANITIES						
The Nursing Profession	1,2,3	120		120		
Communication	1	72		72		
SOCIAL SCIENCE						
Sociology	1	60		60		
Psychology	1	48		48		
NURSING						
Basic Nursing	1	78	100	178		
Medical-Surgical Nsg. I	1	144		144	26	13
Medical-Surgical Nsg. II	1	72		72	26	13
Medical-Surgical Nsg. III	2	72		72	26	13
Operating Room Nsg.	1or2	20		20		8
Obstetric Nursing	1or2	56		56	39	13
Psychiatric Nursing	1or2	90		90	26	13
Pediatric Nursing	2or3	66		66	39	13
Communicable Disease Nursing	2or3	34		34	9	6
*Visiting Nursing	(2or3)	(40)		(40)		(8)
Total		1119	202	1321	191	92

*Available to a limited number of students.

Courses Of Instruction

Basic Science

HUMAN BODY—181 hours, Lecture, Laboratory and Demonstration

This course is designed to present the student with a unified body of material encompassing an integration of the basic science courses of Anatomy, Physiology, Biochemistry and Physics. The end purpose is to give the student a clearer and more complete understanding of normal body activity in preparation for her nursing courses.

MICROBIOLOGY—62 hours, Lecture and Laboratory

This course enables the student to understand the interrelationship between micro-organisms and disease. This knowledge serves as a basis for appreciation of procedures where aseptic technique is required and prepares the student for further study of communicable diseases.

ORGANIC CHEMISTRY—12 hours, Laboratory

The study of fundamental principles of organic chemistry essential for the understanding of human nutrition and body chemistry.

NUTRITION—34 hours, Lecture and Laboratory

A discussion and demonstration course emphasizing selection of nutrients for the normal diet to meet the physiological and sociological needs of the patient.

Humanities

THE NURSING PROFESSION—120 hours, Lecture and Discussion

A three-year course designed to introduce the student to the historical, social, professional, and vocational aspects of her chosen profession. In this presentation of the social evolution and contemporary cultural pattern of nursing, the status of the nurse as a professional person and responsible citizen is underscored.

COMMUNICATION—72 hours, Discussion and Workshop, Conference

A course designed to develop oral and written precision in the use of the English language, effective study habits, the basic skills and techniques of expository writing, and the power to analyse and appreciate both the content and literary quality of mass media of communication and contemporary literature.

Social Science

SOCIOLOGY—60 hours, Lecture, Discussion and Field Trip

A course designed to introduce the student to the basic principles of sociology, social psychology, and social problems. In continuity and content, these respective units assist the student to realize her professional role in society and her particular relationship with the patient.

PSYCHOLOGY—48 hours, Lecture and Discussion

This study of human behavior and personality will help the student to better understand herself as well as her patients.

Nursing

BASIC NURSING—178 hours, Lecture and Laboratory

A course in the basic principles and practice of nursing care to prepare and qualify the student to assume the responsibility of comprehensive patient care, an awareness of patient needs, and participation in health teaching.

MEDICAL AND SURGICAL NURSING—288 hours, Lecture, Demonstration and Group Discussion

This course — integrating the principles and practices of medical and surgical nursing and drug and diet therapy — is designed to give the student knowledge of the causes, symptoms, prevention, and treatment of medical and surgical conditions as a basis for giving intelligent nursing care. To enable the student to give comprehensive nursing care emphasis is placed upon emotional, social, and spiritual factors as they relate to the patient's illness and his rehabilitation.

OPERATING ROOM NURSING — 20 hours, Lecture, Discussion and Demonstration

This course introduces the student to the basic principles of operating-room technique, and enables her to give total nursing care to the surgical patient.

OBSTETRIC NURSING—56 hours, Lecture, Discussion and Demonstration

This course is a study of normal and abnormal pregnancy, the management of labor, and the care of the mother and infant during the puerperium. The importance of prenatal care is stressed in the out-patient department.

PSYCHIATRIC NURSING—90 hours, Lecture, Demonstration and Group Discussion

This course gives the student an opportunity to see and study the behavior, the treatment and the nursing care of the mentally ill.

PEDIATRIC NURSING—66 hours, Lecture, Demonstration and Group Discussion

This course deals with the growth and development of the normal child and the nursing care of the ill child.

WARD CONFERENCE—180-200 hours, covering all clinical areas

The ward conference is focused on the patient, the physical and emotional factors involved in his illness as well as the treatment and nursing care. The group explores together the needs of the individual patient and ways of meeting these needs. Students assist in the planning and conducting of these conferences under the guidance of the clinical instructors. Other members of the health team participate.

Affiliations

COMMUNICABLE DISEASE NURSING—34 hours, Lectures

A comprehensive study of communicable diseases designed to enable the student to care for the patient with a communicable disease, and to understand the importance of prevention and early recognition. (Offered at Municipal Contagious Disease Hospital)

PUBLIC HEALTH NURSING—40 hours, Lecture and Discussion

A course designed to assist the student in adapting nursing care to the home situation and to stress the health of the family, prevention of illness, and the role of social and health agencies in the community. (A limited number of students have the opportunity to take this course with the Visiting Nurse Association of Chicago.)

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